Higher and Intermediate 2 Physical Education

**Course Content**

**Practical performance** in badminton and basketball.

**Analysis and development of performance** in the areas of skills and techniques, preparation of the body (fitness) and structure strategies and composition.

The theoretical aspects of the course are taught throughout the practical sessions but 2 periods are set aside each week in a classroom to prepare the pupils for the exam in May.

**Assessment**

**Practical performance** is assessed internally with both basketball and badminton given a mark out of 20. The marks are sent to the SQA in April. Any pupil who excels in an activity can also be awarded a separate advanced higher unit pass.

**The external assessment** is a written exam in May lasting 2.5 hours for higher and 2 hours for intermediate 2.

**Internal assessment** the pupils have to complete an assignment which provides a record of their work as they investigate an aspect of their performance. This includes analysing their performance, making up and completing a training programme and evaluating their success. There is an internal exam lasting 1.5 hours which takes place when the pupils are ready to pass it. The pupils must achieve a pass in this internal assessment before they can be given an overall course award.

**Entry requirements**

Positive attitude and commitment to play both basketball and badminton to the best of their ability at all times.

**Homework**

Regular homework is set and pupils are required to read their textbooks and notes. The homework covers recent work and is marked and returned to keep for future reference.

**Progression**

There are many courses available at Perth College and universities which lead to careers in sports coaching, sport and recreation, sports psychology, leisure management, sports science and teaching.

**Department Notes**

1. This is an enjoyable but demanding course.
2. You need to provide your own badminton racket.
3. You are expected to follow the P E health and safety code.
4. You agree to hand in all homework on time.
5. Sportsmanship, co-operation and a high standard of behaviour are essential on this course to promote a lively working and learning atmosphere.
6. The PE dress code is plain white T shirt and black shorts / tracksuit bottoms. This is strictly adhered to throughout this course.
Performance Unit

Course Content
Performance unit. This involves practical performance in basketball, badminton and volleyball where the pupils have the opportunity to improve their performance in the activities. There is no written work.

Assessment
Performance unit is assessed internally only and can be awarded at intermediate 2, higher and advanced higher level depending on the ability of the pupil. The marks are sent to the SQA in April.

Entry requirements
Positive attitude, co-operation, sportsmanship are essential to promote a lively working and learning environment.

Homework
Attending lunchtime clubs.

Progression
There are many courses available at Perth College, other colleges and universities which lead to careers in sports coaching, sport and recreation, leisure management, professional sport, sports psychology and sports science.

Department Notes
You need to provide your own badminton racket.
You are expected to follow the PE health and safety code.
The PE dress code is plain white shirt and black shorts/tracksuit bottoms. This is strictly adhered to in this class.